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Acupuncture Research: Strategies For Establishing An Evidence Base, 1e



Synopsis

This is the first book to set out a full range of research strategies for evaluating the clinical practice of acupuncture. Leading acupuncturists and researchers with international reputations share their expertise. They illustrate their descriptions with practical examples of what has worked and what has not. It outlines many of the key challenges in the field. These challenges relate to the nature of acupuncture and the gap between current research evidence and the actual experiences of acupuncturists in the field. By focusing the chapters on key research questions, rather than methods, the book has a user-friendly feel. Each chapter is easily accessible with brief explanations of research designs as well as vignettes of relevant past research. The book is based on a deep understanding of acupuncture, with its inherent complexity in practice, whether based on traditional principles or more modern concepts. By incorporating a more sophisticated understanding of the field, this book details a range of strategies aiming to develop the evidence base with the utmost rigour. It is the first book on acupuncture research to take this unique view, integrating the very best of evidence-based medicine with a genuine sensitivity to the discipline of acupuncture, from its traditional and holistic roots to its more modern interpretations.

Book Information

Paperback: 288 pages

Publisher: Churchill Livingstone; 1 edition (October 26, 2007)

Language: English

ISBN-10: 0443100292

ISBN-13: 978-0443100291

Product Dimensions: 6.1 x 0.6 x 9.2 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #522,673 in Books (See Top 100 in Books) #36 in [Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Acupuncture](#) #279 in [Books > Health, Fitness & Dieting > Alternative Medicine > Acupuncture & Acupressure](#) #40524 in [Books > Medical Books](#)

Customer Reviews

"This book is relevant to those who require an overview of the many aspects of acupuncture research as well as those who wish to explore the complexities of evidence and the risks and benefits of a scientific approach in depth. In conclusion, it is a timely book and

essential reading for all those involved in acupuncture research." David Mayor, *Dragons Tale* "There is something for every acupuncturist in this book. For practitioners looking to improve their own clinical practice, examples of research are provided that may inspire you to contribute to patient-centered research. For students and educational institutions this books will provide a valuable resource. It will also encourage those interested in initiating a career in research. To the educationalist it offers practical examples and guidelines on how acupuncture schools can make a significant contribution to acupuncture research by undertaking important preliminary studies. To the experienced researcher the book provides a valuable resource, providing an overview of acupuncture research." *Australian Journal of Acupuncture and Chinese Medicine*. 2008, Volume 3, Issue 3 "The books will certainly be a valuable reference for researchers who are looking for a current overview of the state of acupuncture research. It will perhaps be even more valuable for teachers, students and practitioners of acupuncture, as it provides a clear roadmap to the many different techniques and perspectives necessary to take an idea born in the clinic and develop it into a coherent research theme that will be of value to the profession as a whole." *Journal of Chinese Medicine*, Number 86, February 2008 "The publication of *Acupuncture Research* confronts the key issues that arise in the evaluation of the clinical practice of Acupuncture...This landmark text responds to the critics of Chinese Medicine who accuse us of a return to superstition and unreason." *Network Review*, Winter 2008 "Acupuncture Research is welcome not only because it offers such easy reading while engaging the reader's total interest, but also because it manages to offer the struggling clinician, eager to make sense of acupuncture intervention and clinical effectiveness, a lifeline." *AACP*, 2008

This is a required text for a TCM research class. While i felt daunted by it at first, i have really appreciated how it has helped me to understand acupuncture and Chinese medicine in the context of the Western medical research world, and has even gotten me interested/excited to engage with published research to help explain TCM to people who have questions. i encounter physicians often and it will be useful to be able to reference research as we discuss TCM. i also wish several of them would read this book! i'll be passing it on to my dad (an MD) when this class is over.

This book helps the Traditional Chinese Medicine practitioner find their place in the world of post graduate research methodology.

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